## Kundalini Yoga

Adult Winter Session 2019

# **Exchange:** $120. email to Register gracefulevolutionyoga@gmail.com

DATES: January 21, 28, February 4, 11, 18, 25, March 4, 11, 18, 25

**Location:** McBEth house Centre. 31 McBeth St, Winnipeg, MB





join me for a 10 week Journey through the chakras

